

Girls on the Run® of Pamlico County



SPONSORSHIP/DONATION

Girls on the Run helps preteen girls develop self-confidence and healthy attitudes through afterschool programs for grades 3-5. Girls on the Run International started in Charlotte, NC in 1996 and now has chapters in over 200 locations in North America.

Girls on the Run features active learning through lively games. Girls learn about healthy choices, positive body image, healthy eating, and supportive relationships. As they practice each week, they prepare for the challenge of running or walking in a 5K Fun Run.

Girls on the Run of Pamlico County is a local non-profit licensed to offer the program in Pamlico County. We are a volunteer organization supported by community funding. Since September 2009 we have served 130 girls (about 35% of the eligible girls). Some girls have participated several times. Many of these girls are now in grades 6-8 and will soon be entering high school.

We need your help as we continue to grow and serve more girls in Pamlico County.

www.GOTRpamlico.org

For information, contact Betsy at gotrpamlico@gmail.com

Give the Gift of Self-Confidence to Pamlico County Girls

Yes, I want to support *Girls on the Run!!*

Name _____ email _____

Phone number _____

Mailing Address _____

Sponsor a Girl: Our program costs about \$100 per girl. To make it affordable to all, we only charge \$25 per girl. Your donation of \$75 makes the difference!

I'd like to sponsor ___ girls @ \$75 each = _____

I'd like to donate ___\$25 ___\$50 ___\$100 ___Other

Make check payable to: Girls on the Run of Pamlico County

PO Box 674

Oriental, NC 28571

___ Send me information about coaching a group of girls.

___ I can help with special events.